

Youngsville Chamber Luncheon- May 14, 2019

Prayer and Pledge

Round Table Introductions

Pizza Artista-Lunch Sponsor and 1 year anniversary is coming up. They have sandwiches now! She has coupons for Buy One Get One for \$1.99

New Board Member-Jonathon Smith of Revive—Welcome!

Mayor Ken Ritter – recognized some of the Leadership Youngsville participants. They had a great day at the Louisiana Legislature. Upcoming events include: Bubbles and Brunch – Saturday, May 18<sup>th</sup> at Sugar Mill Pond and Sugar Jam Saturday evening. Movie in the Park is also Saturday night at the Youngsville Sports Complex. Next week is the groundbreaking for the Sand Volleyball Court. Tuesday, May 21<sup>st</sup> at 4:45 pm there is a Clinic and the groundbreaking will take place then. New fiscal year starts on 7/1. They have started working on the new budget. Détente/Chemin Metairie roundabout is in the works. If you have any questions, even about your water bill, please let Ken know.

Guest Speaker-Frances McIntosh-Intentional Coaching

Spoke about the book Dare to Lead, by Dr. Brene' Brown.

We strive for perfection. We are vulnerable.

There are four skill sets and they are 100% teachable, observable, and measurable:

- Rumbling with vulnerability
- Defining our core values
- Braving trust
- Rising skills

Today she focused on the third skill, Braving Trust.

**Boundaries** – define what is and isn't ok

**Reliability**-do what you say you will do

**Accountability**-own your mistakes

**Vault**-confidentiality; you can only tell your story, no gossiping

**Integrity**-do the right thing

**Non-judgment**

**Generosity**

Tips for introverts- if you're asked a question and you're waiting your turn to speak, write down the question.

She does Lunch N Learns, workshops, etc. She's from Aberdeen, Scotland.

This is our last meeting at First Assembly. We would like to thank them for letting us use their facility for our monthly luncheons. We will be relocating to First Baptist on the Youngsville Hwy in June.

Adjourn